



Active Living Alliance for
Canadians with a Disability
Purpose Statement



**The inclusion and promotion of active living
for Canadians with disabilities**

Success Factor

Training

Behaviours

- Develop and deliver workshops and training to sport, recreation and physical activity organizations to:
 - Create welcoming environments and programs
 - Educate organizations on the benefits of physical activity for people with a disability
- Develop resources that support organizations to include persons with a disability in their programs (eg: physical activity adaptations)

Success Factor

Participation

Behaviours

- Create learning opportunities to educate people with disabilities about the benefits of active living (Awareness)
- Promote inclusive program opportunities (Awareness)
- Showcase best practices in accessible infrastructure and programs (First Involvement)
- Celebrate champions who are living active healthy lives or who are delivering inclusive programs

Success Factor

Influence

Behaviours

- Champion best practices
- Promote active living for Canadians with disabilities
- Make recommendations around policy development and implementation
- Promote equitable access and articulate additional barriers that people with disabilities face
- Advocate for inclusive programs

Success Factor

Collaboration

Behaviours

- Advise and consult with organizations within and beyond our coalition and sector
- Connect organizations to work being done in the system
- Create a hub for information on training, research and best practices