

END OF MODULE 4 QUIZ: WHAT HAVE YOU LEARNED?

Instructions: Choose the correct answers to each question. You may want to write the answer on a piece of paper to compare to the answer key once you have completed the quiz. Note that there is often more than one correct response to a question.

1. The MTI inclusive process:

- A) Is a process for enhancing accessibility of programs and services.
- B) Emphasizes the importance of planning so that successful inclusion can occur.
- C) Is the recommended method to follow when making modifications to activities.
- D) Is a systematic, step-by-step process that provides a framework to follow for including a participant in physical activity situations.
- E) Is a 'one size fits all' template that results in successful inclusion every time.

2. What are the four areas to attend to when completing a safety check for an activity?

- A) Participants, Instructors, Facilities and Emergency Action Plan
- B) Participants, Instructors, Volunteers and Spectators
- C) Equipment, Environment, Instructors and Participants
- D) People, Instruction, Emergency Action Plan and Transportation
- E) Environment, Instruction, Participants and Equipment
- F) Equipment, Facilities, People and Weather

3. What does the acronym SMART refer to in the context of defining objectives?

- A) Simple, measurable, applicable, relevant and tested.
- B) Strategic, manageable, accessible, reachable and timely.
- C) Specific, meaningful, assessable, reachable and timely.
- D) Structured, modifiable, action-oriented, relevant and tested.
- E) Specific, measurable, attainable, reliable and timely.
- F) Simple, manageable, accessible, reliable and testable.

4. Factors that might influence Step 7: Select Activities for a given activity session or program include:

- A) The Physical Education curriculum.
- B) The age and skill level of the participant.
- C) The activity offerings available at a summer camp.
- D) The items to be tested on a fitness test.
- E) The interests of the individual.
- F) All of the above might influence the activities selected.