



Active Living Alliance for Canadians with a Disability

2019/2020 Annual Report



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Message from the Chair and Executive Director

It is our pleasure to share the Annual Report of the Active Living Alliance for Canadians with a Disability for the 2019/2020 fiscal year. As we look back, it was a year of substantial growth and building strength within our organization. This is due to your support and our hard-working Coordinating Committee and staff.

Our Leadership Team

Doug Nutting, Chair

Rick Turnbull, Treasurer

Greg Cutler, Director, Strategic Relations

Christa Costas Bradstreet, Director, Partnerships

Kelly Arbour-Nicitopoulos, Co-Director, Knowledge Mobilization

Jen Leo, Co-Director, Knowledge Mobilization

Gillian Lynne-Davies, Director, Communications

Jane Arkell, Executive Director

Sierra Roth, ALACD/The Steadward Centre Youth Engagement Officer

I am pleased to report that ALACD has diversified its funding base, which has allowed us to further our strategic plan. We have also created new partnerships with the Canadian Fitness and Lifestyle Research Institute and continue to work with the provincial/territorial affiliate organizations of the Canadian Parks and Recreation Association. Of importance, ALACD was a proud member of the Federal Accessibility Legislation Alliance leadership team. In partnership with over 100 organizations, ALACD and our network helped to shape the Accessible Canada Act, which became law in the summer of 2019.

During the 2019/2020 fiscal year, our team continued to be busy to increase our organization's capacity. We hired two interns from the University of Toronto Kinesiology Program, and we laid the groundwork for two new projects that are now operational. The first is an Innovation Grant from Sport Canada to examine the attitudes of parents of children with a disability regarding sport participation and the second project is to develop and engage a network of youth with a disability.

ALACD would like to acknowledge the long-time support of the Office for Disability Issues, Employment, and Social Development Canada.

Respectfully submitted.

Doug Nutting
Chair

Jane Arkell
Executive Director



Independent Auditor's Report

The Coordinating Committee
Active Living Alliance for Canadians With A Disability
85 rue Plymouth St., Suite 100, Ottawa, Ontario, Canada K1S 3E2

I have audited the accompanying Balance Sheet of The Active Living Alliance for Canadians with a Disability as of March 31, 2020, and the related Statement of Income and Expenses for the year then ended. These financial statements are the responsibility of the Coordinating Committee. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with the General Accepted Accounting Principles and auditing standards in Canada. Those standards require that I plan and perform the audit to obtain reasonable assurance as to whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. I believe that my audit provides a reasonable basis for my opinion.

In my opinion, the financial statements referred to above present fairly, in all material respects, the financial position of the Corporation as of March 31, 2020, and the results of its operations for the year then ended in accordance with Generally Accepted Accounting Principles in Canada.

William J. Murrin CMA, CPA 6589
Des Chouettes Lane Ottawa,
Ontario, K1C 6N5



**ACTIVE LIVING ALLIANCE FOR CANADIANS WITH A DISABILITY
STATEMENT OF RECEIPTS AND DISBURSEMENTS
FOR THE PERIOD APRIL 01, 2019 TO MARCH 31, 2020**

Revenues	
Grants - ESDC	78,000.00
Grants - Sport Canada	52,575.00
Fundraising/Donations	1,175.40
Membership	3,750.00
Other Revenue	5,048.60
Total Revenues	\$140,549.00
Expenses	
General Office & Admin Expenses	
Grants	0
Gifting	75.00
Registration Fees	175.00
Bank & Interest Charges	61.05
Training/Professional Development	0
Insurance	2,027.44
IT Hardware & Software	439.07
Membership	176.25
Office Supplies	1,123.12
Courier	0
Printing & Copying	0
Audit Fees	1,000.00
Consulting Fees	90,277.34
Cell Phones	685.99
Conference Calls	0
Internet/Cable	0
Translations	2,500.00
Website Development	3,823.03
Total General Office & Admin Expenses	\$102,363.29
Travel Expenses	
Travel: Meals	945.98
Travel: Accommodations	2,866.70
Travel: Airfare	2,147.57
Travel: Ground	3,315.70
Travel: Luggage Fees	0
Travel: Per Diems	0
Total Travel Expenses	9,275.95
Total Expenses	\$111,639.24
Net Income (Loss)	\$28,909.76



**ACTIVE LIVING ALLIANCE FOR CANADIANS WITH A DISABILITY
BALANCE SHEET
AS OF MARCH 31, 2020**

Assets		Balance
Current Assets		
Cash - Scotiabank		\$ 1,950.23
Accounts Receivable	\$ 52,825.00	
Accrued Receivable	\$ -	
HST Rebate (GST Portion)	\$ 1,468.70	
HST Rebate (PST Portion)	<u>\$ 3,878.62</u>	
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Accounts Receivable		\$ 58,172.32
Prepays		\$ 1,400.82
Total Current Assets		\$ 61,523.37
Total Assets		\$ 61,523.37
Liabilities		
Current Liabilities		
Accounts Payable		\$ 28,402.58
Accrued Liabilities		\$ -
HST Charged on Sales		\$ -
Deferred Revenue		\$ -
Total Current Liabilities		\$ 28,402.58
Total Liabilities		\$ 28,402.58
Equity		
Surplus - Previous : EDSC	-\$ 4,826.53	
Surplus - Previous Year: Integration	\$ 356.25	
Surplus - Previous Year: Other	\$ 8,681.31	
Surplus - Previous Year		\$ 4,211.03
Current Income (Loss)		\$ 28,909.76
Total Equity		\$ 33,120.79
Total Liabilities and Equity		\$ 61,523.37



Partnerships

Our Goal

To build a robust network of organizations that will help ALACD and its stakeholders to achieve individual and collective goals regarding access and inclusion.

Our Progress

ALACD has;

- Continued to liaise with physical activity, recreation, and sport sector organizations to build and strengthen relationships
- Worked to strengthen relationships with organizations in the education and health sectors (e.g., PHE Canada, Canadian Alliance for Healthy School Communities), older adults (Active Aging Canada), and the research sector (Canadian Disability Participation Project and the Canadian Fitness and Lifestyle Research Institute).
- Developed a new partnership with The Steadward Centre as part of a funding request submitted to support the ALACD Youth Engagement Initiative
- Continued to be a member of ParticipACTION Advisory Network (PAN)
- Continued to work with 12/13 provincial/territorial affiliate organizations of the Canadian Parks and Recreation Association
- Been asked to sit on the leadership team of the CRPA Recreation Framework for Canada.

Our Plans Moving Forward

ALACD will;

- Establish partnerships with 13/13 provincial/territorial affiliate organizations of the Canadian Parks and Recreation Association
- Continue to implement the joint ALACD/CPRA plan established in November 2018 with recreation partners across Canada

Communications

Our Goal

To implement and refine the ALACD Communications Plan that will support all aspects of the ALACD Strategic Plan.

Our Progress

ALACD has;

- Developed a communications plan that focuses on strengthening our assets
- Developed an expanded brand colour palette and new imagery
- Developed, segmented, and continued to grow our national network of over 400 contacts using our new online database.
- Developed an e-newsletter to better serve and update our member organizations, government contacts, and other community partners.



Communications

- Revamped our website to better support our member organizations with resources and relevant information. We also added a blog so that we, and other leaders in the physical activity sector, can share insights. Blog guidelines were also developed.
- Added to, and updated, many online resources.
- Monitored and reacted to social media activities.

Our Plans Moving Forward

ALACD will;

- Continue to improve our communications by;
- Send out regular updates to our member organizations and stakeholders to help build our national network and membership.
- Develop new and relevant content for our website.
- Engage member organizations and partners in content development.
- Hire a digital communications staff member. Develop a robust social media plan.
- Create an onboarding process/package for potential new members.
- Develop a case for support for meetings with government officials/donors.
- Finalize our branding guidelines.

Leadership

Our Goal

To increase the awareness of ALACD and its value as a recognized leader.

Our Progress

ALACD has;

- Updated and revitalized many resources such as the Disability Tip Sheets and Words with Dignity
- Established Knowledge Mobilization as a new area of focus. This portfolio will work closely with the ALACD communications team.
- Provided support, advice, and information to organizations as requested
- Begun work on a "common language" document. It will be a glossary terms used in the municipal recreation sector for clarity on access and inclusion.
- Delivered many conference presentations about the values of physical activity for persons with a disability.

Our Plans Moving Forward

ALACD will;



Capacity

Our Goal

To increase stakeholders' capacity to address access and inclusion in physical activity, sport, and recreation in Canada.

Our Progress

ALACD has;

- A total of 37 members, 4 of which are new
- Continued to provide access to our resources and support the immediate needs of our members
- Continued our valuable partnership with CPRA
- Created a "Casebook" on inclusive and accessible physical activity and recreation initiatives across Canada
- Began updating the ALACD policy manual to ensure sound governance and organizational operations
- Received and are implementing a project through the Sport Canada Innovation Grant
- Conducted monthly Coordinating Committee and Executive Committee meetings
- Welcomed new members from education, disability, research, and sport communities
- Increased staff capacity
- Received three-year organizational funding
- Worked with University of Toronto Kinesiology intern students
- Conducted a member survey, which helps to guide our work.

Our Plans Moving Forward

ALACD will;

- Continue our work on the Sport Canada Innovation Grant that will eventually provide information to recreation centres as well as parents
- Host webinars and access and inclusion for persons with a disability
- Gather like-minded organizations to share current mandates and work and determine how we work together and fill any gaps in the sector

Influence

Our Goal

To increase decisions made and policies established that support access and inclusion for persons with a disability in Canada.

Our Progress

ALACD has;

- Been a member of the ParticipACTION Advisory Network (PAN)
- Been a member of the Federal Accessibility Legislation Alliance that helped shape and pass Bill C-81, now known as the Accessible Canada Act.
- Educated and influence funding partners on the value of physical activity for individuals with a disability
- Developed a new partnership with Sport Canada
- Member of the CPRA Recreation Framework Leadership Team



- Participated in "*Physical Activity Information and Messages Targeting Families of Children and Youth with Disabilities*" Recommendation Consensus Meeting (R. Bassett-Gunter, SSHRC grant)

Our Plans Moving Forward

Our Members and Strategic Partners

Abilities in Motion

Ability Online

Able Sail Network

Active Aging Canada

Ausome Ottawa

Brock Niagara Penguins

Calgary Adaptive Hub

Canadian Blind Hockey Association

Canadian Cerebral Palsy Sport Association

Canadian Disability Participation Project

Canadian Fitness and Lifestyle Research

Institute (CFLRI)

Canadian Paralympic Committee

Canadian Parks and Recreation Association

Canadian Society for Exercise Physiology

Cerebral Palsy Canada Network

City of Surrey, BC

Community Living Parry Sound

Dovercourt Recreation Association

Easter Seals Nova Scotia

Ever Active Schools

Lethbridge Sports Council

Niagara Children's Centre

Paddle Canada

ParticipACTION

PHE Canada

Physical Activity Coalition of Manitoba

Power to Be

Rocky Mountain Adaptive

Spinal Cord Injury Canada

Sport for Life

The Steadward Centre, University of Alberta

University of Fraser Valley

Upper Valley Autism, NB

Variety Village

Recreation Facilities Association of Nova Scotia

Canadian Parks and Recreation Association Provincial/Territorial Affiliates

Alberta Recreation and Parks Association (ARPA)

Association québécoise pour le loisir des personnes handicapées.

BC Recreation and Parks Association (BCRPA)

Parks and Recreation Ontario (PRO)

Recreation and Parks Association of Nunavut (RPAN)

Recreation and Parks Association of the Yukon (RPAY)

Recreation Connections Manitoba

Recreation Newfoundland and Labrador (RNL)

Recreation Nova Scotia (RNS)

Recreation PEI

Recreation New Brunswick

Saskatchewan Parks and Recreation Association (SPRA)